

Date: February 27, 2022

Theme: Jesus, The Giver

Title: Jesus, the Peace-Giver (Jesus, Tagapagbigay ng Kapayapaan)

Text: Philippians 4:4-9

<sup>4</sup>Rejoice in the Lord always. I will say it again: Rejoice! <sup>5</sup>Let your gentleness be evident to all. The Lord is near. <sup>6</sup>Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup>And the **peace of God**, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. <sup>8</sup>Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. <sup>9</sup>Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the **God of peace** will be with you.

## I. THE SOURCE OF PEACE (God) (verses 7, 9) (ANG PINAGMULAN NG KAPAYAPAAN)

### A. The Peace of God (v. 7) (Ang Kapayapaan ng Diyos)

<sup>7</sup>And the **peace of God**, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

- This is a kind of peace that is incomprehensible, and it "protects your heart and your mind."
- Ito ay isang uri ng kapayapaan na hindi kayang unawain, at "pinoprotektahan nito ang iyong puso at isipan."

### B. The God of Peace (v. 9b) (Ang Diyos ng Kapayapaan)

"Put it into practice and the **God of peace** will be with you. (v. 9)

- The God of peace" speaks of the God whose character is peace. "Ang Diyos ng kapayapaan" ay nagsasalita tungkol sa Diyos na ang katangian ay kapayapaan.
- He is the origin and giver of peace. Siya ang pinagmulan at nagbibigay ng kapayapaan.
- A Christian with stable life has the peace of God and the God of peace. Ang isang Kristiyanong may matatag na buhay ay may kapayapaan ng Diyos at Diyos ng kapayapaan.
- We have the **peace of God for our guiding** and the **God of peace for our going**. Nasa atin ang kapayapaan ng Diyos para sa ating paggabay at ang Diyos ng kapayapaan para sa ating paglakad.

## II. THE SYSTEM OF PEACE (Rejoice, Pray, Think) (Verses 4, 6, 8) (ANG SISTEMA NG KAPAYAPAAN – MAGALAK, MAGDASAL, MAG-ISIP)

### A. Maintain a Spirit of Joy (v. 4) (Panatilihin ang Espiritu ng Kagalakan)

"Rejoice in the Lord always. I will say it again: Rejoice"

- To some, the command to rejoice seems unreasonable. But the command is to rejoice "in the Lord."
- Para sa ilan, ang utos na magalak ay tila hindi makatwiran. Ngunit ang utos ay magalak "sa Panginoon."
- We can't always rejoice in our circumstances but we can rejoice in the Lord because He is always good and we know He never changes.
- Hindi tayo maaaring laging magalak sa ating mga kalagayan ngunit maaari tayong magalak sa Panginoon dahil Siya ay laging mabuti at alam nating hindi Siya nagbabago.
- Live above your circumstances. Rise above the challenges of life. Maintain a spirit of joy.
- Mamuhay nang higit sa iyong mga kalagayan. Lumaban sa hamon ng buhay. Panatilihin ang espiritu ng kagalakan.
- "Rejoice in the Lord always; again I will say, rejoice!"—present active imperative: continual, habitual practice.

- “Magalak kayong lagi sa Panginoon; muli kong sasabihin, magalak!”—present active imperative: tuluy-tuloy, nakagawiang pagsasanay.
- In our circumstances we have sorrow but in our relationship to Jesus, we have constant joy. *Sa ating mga kalagayan ay mayroon tayong kalungkutan ngunit sa ating relasyon kay Hesus, tayo ay may patuloy na kagalakan.*
- Two Qualities of Christian Joy: **Dalawang Katangian ng Kristiyanong Kagalakan:**
  - Incessant - always, constant, continual, because it's in the Lord; it's not in the circumstances. (Walang humpay - palagi, palagian, tuluy-tuloy, sapagkat ito ay nasa Panginoon; wala ito sa mga pangyayari.)
  - Independent - can stand alone, not joy because of, it's joy in spite of. It's PTLA, “praise the Lord anyhow.” (Independent - kayang tumayong mag-isa, hindi kagalakan dahil sa, ito ay kagalakan sa kabila. Ito ay PTLA, “praise the Lord anyhow.”)

### B. React to Problems with Thankful Prayer (vv. 5-6) (Tumugon sa mga Problema na may Pasasalamat na Panalangin.)

<sup>5</sup>Let your gentleness be evident to all. The Lord is near. <sup>6</sup>Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

- THERE ARE ONLY 3 WAYS TO HANDLE PROBLEMS IN LIFE (MAY 3 PARAAN LAMANG PARA HARAPIN ANG MGA PROBLEMA SA BUHAY)
  - 1. You break out - get panic or get angry (mataranta o magalit)
  - 2. You break down - you withdraw and get psychosomatic illnesses (umatras ka at makakuha ng mga sakit na psychosomatic)
  - 3. You break through - face it and get victory (harapin ito at makakuha ng tagumpay)
- You either break out, break down, or break through.
- And to break through is the only way to live. That's the only way; there is no other way. (At ang magbreakthrough ang tanging paraan upang mabuhay. Iyan ang tanging paraan; walang ibang paraan.)
- “The Lord is near. Do not be anxious about anything.”- not about Second Coming (“Malapit na ang Panginoon. Huwag kang mabalisa sa anumang bagay.”- hindi tungkol sa Ikalawang Pagdating)
- It means “The Presence of the Lord.” Practice His presence. The presence of Jesus Christ is our security. (Ito ay nangangahulugang “Ang Presensya ng Panginoon.” Sanayin ang Kanyang presensya. Ang presensya ni Hesukristo ang ating seguridad.)

### C. Think of Godly Virtues (v. 8) (Isipin ang mga maka-Diyos na kaugalian)

<sup>8</sup>Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

- You are what you think (Ikaw ang kung ano ang iyong isipin). Proverbs 23:7, “For as he thinks in his heart, so is he.”
- GIGO - Garbage in, garbage out
- Whatever you feed your brain is what'll determine the way you live. (Anuman ang pinapakain mo sa iyong utak ang siyang magpapasaya sa paraan ng iyong pamumuhay.)
- Saturate yourself with the Word of God. Feed the new man in you with the Word of God. (Busogin ang iyong sarili sa Salita ng Diyos. Pakainin ang bagong tao sa iyo ng Salita ng Diyos.)

### III. THE SUCCESS OF PEACE (Practice) (Verse 9) (ANG TAGUMPAY NG KAPAYAPAAN)

<sup>9</sup>Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the **God of peace** will be with you.

- The word "practice" means "action that's repetitious or continuous." (Ang salitang "pagsasanay" ay nangangahulugang "aksyon na paulit-ulit o tuluy-tuloy.")
- What the believer is to practice? The apostles' teachings (they devoted themselves...) (Ano ang dapat gawin ng mananampalataya? Ang mga turo ng mga apostol (itinuon nila ang kanilang sarili...))
  - Things learned (mga bagay na natututunan) - disciple
  - Things received (mga bagay na natatanggap) - devotions
  - Things heard (mga bagay na naririnig) - preaching
  - Things seen (mga bagay na nakikita) - firsthand experiences
- Paul sets the standard. It is not pride. It's generosity, he has learned and practiced the secret of coping with life. (Nagtakda si Paul ng pamantayan. Hindi ito pagmamalaki. Ito ay pagkabukas-palad, natutunan at naisabuhay niya ang sikreto ng pagharap sa buhay.)

#### DISCUSSION QUESTIONS:

- Why is it important to be spiritually and emotionally stable? (Bakit mahalagang maging matatag sa espirituwal at emosyonal?)
- How can your life be worthy of imitation by other believers? (Paano magiging karapat-dapat ang iyong buhay na tularan ng ibang mga mananampalataya?)